



AUSTRALIA

Brought to you by



C'mon
Australia, wear
your sneakers
to work and
get on your
feet!

WEDNESDAY 19TH FEBRUARY, 2014

Wear your sneakers to work and get
On Your Feet Australia

We spend up to 80% of our working hours
seated but extended sitting puts you at increased
risk of heart disease and type 2 diabetes.
Register now and help raise funds for Baker IDI
Heart and Diabetes Institute.

To get involved you can:

- 1 Register and donate online
- 2 Wear your sneakers to work
- 3 Get on your feet

Register online at
onyourfeet.org.au



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